

Jason is free of back pain after 19 years

A NEW operation has transformed the life of a man who suffered 19 years of debilitating back pain.

Jason Marsden said he felt better within five minutes of waking up from his surgery at Spire Leeds Hospital.

The 39-year-old had undergone a new procedure which involved creating room for trapped nerve roots and then inserting a soft silicone spacer between two vertebrae.

Mr Marsden, from Woodlesford, Leeds, said he had suffered since a car accident 19 years ago. Another crash five years later exacerbated his back pain.

The mortgage services advisor tried many treatments, including physiotherapy, spinal injections and prescription painkillers, which provided short-term relief but not lasting benefit.

Jason was left in constant pain and struggling to cope.

"Nothing fixed the problem, it was just masking the pain," he said.

But following the Intralaminar Dynamic Stabilisation, he has been left pain-free.

"I knew immediately that there was nothing touching the nerve any more. I was so happy, I cannot describe how good it felt."



● **STANDING PROUD:** Jason Marsden

Yorkshire Evening Post, January 2013
Mr Deb Pal, Consultant Neurosurgeon
Patient case study