



Spire

London East Hospital

# 2024 Consultant directory

Expert healthcare for your patients

*Looking after you.*

# Contacts

<b>Contacts</b>	<b>2</b>
<b>How to refer your patients</b>	<b>4</b>
<b>Self-funded treatment</b>	<b>5</b>
<b>GP online referral guide</b>	<b>6</b>
<b>GP education</b>	<b>7</b>
<b>GP support</b>	<b>7</b>
<b>Clinics and services</b>	<b>8</b>
Endoscopy	8
Imaging	8
Physiotherapy	9
Other clinics and services	9
<b>Directory listings</b>	<b>10</b>
<b>Index</b>	<b>27</b>

## Hospital contacts

### Main hospital

Phone: 020 8551 1100

### NHS referrals

Phone: 0208 709 7852

Email: spirelondoneastnhs@nhs.net

### Insured patient enquiries and bookings

Phone: 020 8709 7878

Email: spirelondoneastoutpatientbookings@spirehealthcare.com

### Self-pay patient enquiries and bookings

Phone: 020 8709 7817

Email: cservice-londoneast@spirehealthcare.com

### Diagnostic imaging

Phone: 020 8709 7856

Email: spirelondoneastdiagnosticimaging@spirehealthcare.com

### Pharmacy

Phone: 020 8709 7883

Email: \$hosplondoneastpharmacy@spirehealthcare.com

### Physiotherapy

Phone: 020 8709 7779

Email: slephysio@spirehealthcare.com

## Key contacts

### Hospital Director

Chris Burrows

Email: chris.burrows@spirehealthcare.com

### Director of Clinical Services

Lizzie Hayes

Email: elizabeth.hayes@spirehealthcare.com

### Sales and Business Development Director

Hollie Davies

Email: hollie.davies@spirehealthcare.com

### Lead Nurse for Children and Young People

Jack Saunders

Email: jack.saunders@spirehealthcare.com



## About Spire London East Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

### It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

### Our consultants

Every consultant working at Spire London East Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

### Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

### All the facilities you'd expect and more

- Our 24 private rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system

In addition to our private rooms, we offer:

- Higher Observation Unit (Level 0)
- Day case unit with 16 bays
- Four operating theatres, including three laminar flow theatres for orthopaedic surgery
- On-site pharmacy which is open Monday to Friday 9am to 5pm and Saturdays 9am to 1pm
- Endoscopy Unit with JAG Accreditation
- 152 car parking spaces, which are complimentary to all patients and visitors
- 4 EV car charging bays
- Children and Young People's Unit
- On-site physiotherapy centre
- State-of-the-art imaging facilities including X-ray, MRI, Ultrasound, CT and Mammographyology service

# How to refer your patients

At Spire London East we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

## Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package\* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **020 8709 7817**.

- 1 Use Spire Connect to upload the referral letter. Call **07706 316 983** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

## Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **020 8709 7878** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

## NHS referrals

Spire London East Hospital provides a range of elective surgical services on behalf of the NHS. Full details of the services provided can be found on, and referrals must be made via, the NHS eReferral system (<https://www.ebs.ncrs.nhs.uk/>).

## Referral letters

Referral letters can be:

- Submitted online at <https://spireconnect.spirehealthcare.com/>
- Emailed with encryption to [spirelondoneastoutpatientbookings@spirehealthcare.com](mailto:spirelondoneastoutpatientbookings@spirehealthcare.com)



# Self-funded treatment

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-funding team on:

Phone: **020 8709 7817**

Email: **[cservice-londoneast@spirehealthcare.com](mailto:cservice-londoneast@spirehealthcare.com)**

Our fixed price packages\* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery
- Varicose vein treatment
- Weight loss surgery

\*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

## Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

**The hospital does not have an accident and emergency facility.**



## GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

### GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

### Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

### NHS referrals

You may refer patients to Spire London East Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service (<https://www.ebs.ncrs.nhs.uk/>).

### Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

### Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

---

For more information on Spire Connect, contact Katie Lee on **07706 316 983** or at [katie.lee@spirehealthcare.com](mailto:katie.lee@spirehealthcare.com)

## GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events](#)

Search '**Spire London East GP Education**'

Call our Hub Primary Healthcare Relationship Manager on **07706 316 983**

Or email [katie.lee@spirehealthcare.com](mailto:katie.lee@spirehealthcare.com)

## GP support

Spire London East's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

### Primary Healthcare Relationship Manager

Our Primary Healthcare Relationship Manager is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants, and to make it as easy as possible for your patients to be seen and treated at Spire London East Hospital.

Phone: **07706 316 983**

Email: [katie.lee@spirehealthcare.com](mailto:katie.lee@spirehealthcare.com)

### Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

#### One-off private treatment at a fixed price\*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications\*

[Patients can contact the team on:](#)

Phone: **020 8709 7817**

Email: [cservice-londoneast@spirehealthcare.com](mailto:cservice-londoneast@spirehealthcare.com)

\*Spire Healthcare patient terms and conditions apply.

# Clinics and services

## Endoscopy

Our JAG Accredited Endoscopy Unit at Spire London East Hospital is home to dedicated endoscopy facilities and procedures for patients.

Endoscopy services include:

- Balloon Enteroscopy
- Capsule Endoscopy
- Colonoscopy
- Endoscopic Mucosal Resection (EMR)
- Flexible sigmoidoscopy
- Gastroscopy
- Haemorrhoid banding/injecting
- Oesophageal stent
- Polypectomy

---

Appointments: **020 8709 7817**

## Imaging

Spire London East Hospital can provide rapid access to some of the state of the art imaging facilities and latest diagnostic imaging for all privately insured and self-funding patients. A wide range of diagnostic services are available including X-ray, ultrasound, fluoroscopy, CT, digital mammography and MRI scanning. Spire London East Hospital invested in a brand new state of the art Digital Mammography Machine complete with latest technology, a new digital X-ray machine, mobile X-ray unit and two image intensifiers.

The imaging department provides a rapid access service for many specialties and appointments within 48 hours.

The imaging procedures are performed by HCPC registered Senior Radiographers or Consultant Radiologists and all staff are encouraged to participate in a continuing education programme to ensure that the department remains at the forefront of imaging development.

The majority of our imaging is reported by a Consultant Radiologist within 48 hours, but often on the same day, and all examinations are available to be viewed by your Consultant immediately via the hospital PACS Imaging Network.

---

Appointments: **020 8709 7856**  
**/ 020 8709 7840**



## Physiotherapy

The experienced team of chartered physiotherapists at Spire London East Hospital offer a wide range of treatments to clients who are attending the hospital as outpatients and also for those who are attending as inpatients.

### Conditions commonly treated include:

- Back and neck pain
- Headaches
- Knee and shoulder pain
- Persistent or chronic pain
- Rehabilitation after surgery
- Repetitive strain injuries
- Rheumatology conditions
- Sports injuries

### Physiotherapy services include:

- Acupuncture
- Anti-gravity treadmill
- Clinical Pilates
- Gait analysis using the latest pressure analysis treadmill
- Hand therapy
- Men's health pelvic floor dysfunction
- Post surgery strengthening sessions
- Shockwave therapy
- Sports massage (separate service)
- Ultrasound and other electrotherapy
- Women's health (includes treatment for post surgery, gynaecology and ante-natal dysfunctions)

---

Phone: **020 8709 7779**

## Other clinics and services

We also offer an extensive range of other services and clinics, including:

- Cardiology services
- Cosmetic and plastic surgery
- Hand therapy
- Heel pain and plantar fasciitis
- Hip and knee services
- Joint injections
- Men's health
- Private GP service
- Weight loss services
- Women's health
- Outpatient minor procedures
- Urodynamics

---

Appointments: **020 8709 7817**

# Directory listings

## A

### Audiology

#### Ms Indira Gadhvi

Adult and paediatric – Hearing test, audiology assessment and audiological assessment from the age of seven months.

**NHS trust base:** Private patients only

#### Ms Gemma Macqueen

Adult and paediatric – Audiological medicine, balance disorders and hearing loss and audiological assessment from the age of seven months.

**NHS trust base:** Barts Health NHS Trust

#### Dr Kinjal Mehta

Adult and paediatric – Audiology hearing aids, musician plugs and swim moulds and audiological assessment from the age of seven months.

**NHS trust base:** Barts Health NHS Trust

## B

### Bariatrics

#### Mr Sanjay Agrawal

Bariatric surgery, laparoscopic gastric band/bypass/sleeve and gastrectomy surgery.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

#### Mr Kesava Mannur

Bariatric/obesity surgery including band/bypass/sleeve and duodenal switch.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

## Breast

#### Miss Jasdeep Kaur Gahir

Asymmetry – natural or as a result of previous surgery, nipple reconstruction and tattooing, assessment of breast lumps, wide local excision of breast lumps (lumpectomy), therapeutic mammoplasty (lumpectomy and uplift), sentinel node biopsy and axillary clearance.

**NHS trust base:** North Middlesex University Hospital NHS Trust

#### Mr Wael Ismail

Breast lump investigation, breast lump removal and cancer tests.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Mr Arikoge Ogedegbe

Benign breast problems, breast cancer, breast care, breast surgery, endoscopy, general surgery, hernia repair surgery, laparoscopic surgery, onco-reconstructive breast surgery, paediatrics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Mr Akinyede Ojo

Laparoscopic surgery, endocrine surgery, onco-reconstructive breast surgery, gynaecomastia, breast cancer, hernia, lumps and bumps.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Mr Anthony Pittathankal

Breast reconstruction, breast deformities, breast reduction surgery, nipple reconstruction and tattooing.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

## C

### Cardiology

#### Dr Debashish Das

Prevention, diagnosis and treatment of heart disease, coronary artery disease, heart failure and cardiovascular prevention.

**NHS trust base:** Barts Health NHS Trust

#### Professor Andrew Deaner

General cardiology, heart disease in pregnancy, echocardiography angioplasty and stent implantation.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Fahad Masood Farooqi

Pacemaker implants, arrhythmia, heart failure, coronary artery disease, hypertension and valve disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Sandy Gupta

All aspects of clinical cardiology and invasive coronary angiography.

**NHS trust base:** Barts Health NHS Trust

#### Dr Honer Kadr

Heart disease, heart failure, arrhythmia and palpitations, Ischaemic heart disease and angina chest pain, echocardiography and breathlessness.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Professor Charles Knight

Assessment of chest pain, angina, acute coronary syndromes and hypertrophic cardiomyopathy.

**NHS trust base:** Barts Health NHS Trust

#### Dr Neha Sekhri

General cardiology, heart failure, cardiomyopathies and myocarditis.

**NHS trust base:** Barts Health NHS Trust

#### Dr Syed Mohammad Afzal Sohaib

Arrhythmia (lectrophysiology), atrial fibrillation, coronary artery disease, echocardiography, hypertension and stroke prevention.

**NHS trust base:** Barts Health NHS Trust

### Dr Anil Taneja

Breathlessness, chest pain, cardiac CT, echocardiography, cardiac arrhythmias, dislipidaemia, hypertension, heart failure, nuclear cardiology, syncope and palpitations.

**NHS trust base:** Barts Health NHS Trust

---

## Children and Young People's Service

### Mr Ashok Acharya

Forefoot surgery, minimally invasive bunion surgery, ankle arthroscopy and surgery, paediatric orthopaedics and trauma.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Hasan Ahmed

Arthroscopy, elbow surgery, hand surgery, knee surgery, shoulder surgery, soft tissue injuries, sports injury, sports medicine, upper limb surgery, wrist surgery.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Ahmad Ali

Knee surgery, sports injury, paediatric orthopaedics.

**NHS trust base:** University College London Hospitals NHS Foundation Trust

---

### Mrs Prabhleen Anand

Paediatric dentistry, oral surgery, trauma.

**NHS trust base:** University College London Hospitals NHS Foundation Trust

---

### Dr Ravinder Atkar

Skin cancer screening and treatment, general dermatology, paediatric dermatology, eczema, mole removal, psoriasis, acne.

**NHS trust base:** Barts Health NHS Trust

---

### Professor Yogesh Bajaj

Ear problems, hearing loss, sinusitis, nasal obstruction, glue ear, tonsillitis and neck lumps.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Monika Bajaj

Childhood obesity, development delay including speech delay, autism, ADHD, behavioural problems, sleep issues, bedwetting, genital conditions, vaginal discharge, bleeding, rashes, labial adhesions and lichen sclerosus.

**NHS trust base:** Private patients only

---

### Professor Jayanta Barua

Bladder cancer, incontinence, male infertility, paediatric urology, prostate cancer, sexual dysfunction, urinary tract infections, urodynamics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr George Bettany

Gastrointestinal cancer screening and surveillance, crohn's disease, liver disease, dyspepsia and IBS, hepatobiliary, pancreatic disorders, jaundice, therapeutic endoscopy, nutritional support.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Anthony Bewley

Allergies, inflammatory skin disease, psychodermatology and skin cancer.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Abir Bhattacharyya

General ENT, otology, endoscopic sinus surgery, voice disorders, paediatric ENT.

**NHS trust base:** Barts Health NHS Trust

---

### Professor Paul Chatrath

Sinusitis, balloon sinuplasty, septorhinoplasty, paediatric ENT disorders (adenotonsillectomy, grommets), voice problems, pinnaplasty/minimally invasive earfold, nasal valve surgery/titanium implants.

**NHS trust base:** Imperial College Healthcare NHS Trust

---

### Mr Leo Cheng

Head and neck pathology including thyroid, salivary gland, skin tumours, general oral and maxillofacial surgery, facial reconstructive surgery.

**NHS trust base:** Barts Health NHS Trust

---

### Miss Hoi-Yi Ching

General ENT, balloon sinuplasty, eustachian tube balloon dilation.

**NHS trust base:** Private patients only

---

### Professor Chitta Chowdhury

Allergy, balance disorders, endoscopy, hearing loss, laryngology, otology, paediatric otolaryngology, rhinology, sleep disorders, snoring, thyroid disease, voice disorders.

**NHS trust base:** Private patients only

---

### Dr Simon Davison

Allergies, dermatology, inflammatory skin disease and skin cancer.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Emma Devereux

Abdominal problems including constipation, diarrhoea, vomiting, gastroesophageal reflux and faltering growth, adolescent medicine, aches and pains, joint problems, muscular problems, developmental delay and behavioural problems.

**NHS trust base:** North Middlesex University Hospital NHS Trust

---

### Mr Hassan Elhassan

Adult ear, nose and throat surgery, rhinology, facial cosmetic and reconstructive surgery, head and neck surgery, paediatric ear, nose and throat surgery.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

---

### Mr Ahmed Z Eweiss

Allergy, ears, laryngology, nose, rhinology, sinus surgery, snoring, voice disorders.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr George Fayad

Laser surgery, breathe-implant (titanium implant for nasal valve collapse), otology and incision free pinnaplasty.

**NHS trust base:** Basildon and Thurrock University Hospitals NHS Foundation

---

### Mr Sandeep Gujral

Complex bladder and prostate surgery for cancer and benign conditions.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Amro Hassaan

General ENT, sleep and snoring surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Miss Jasdeep Kaur Gahir

Asymmetry – natural or as a result of previous breast surgery, nipple reconstruction and tattooing, assessment of breast lumps, wide local excision of breast lumps (lumpectomy), therapeutic mammoplasty (lumpectomy and uplift), sentinel node biopsy and axillary clearance. Hernia repair surgery. General paediatrics.

**NHS trust base:** North Middlesex University Hospital NHS Trust

---

### Dr Abhinav Gupta

Acid reflux, dyspepsia (indigestion), endoscopy, gastro-intestinal cancers, inflammatory bowel disease, irritable bowel syndrome, liver and pancreas disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Arbind Gupta

Community paediatrics/neurodevelopmental paediatrics, general paediatrics, neonatal paediatrics.

**NHS trust base:** OXLEAS NHS foundation Trust

---

### Mr Wael Ismail

Paediatric surgery, hernia, circumcision, breast lumps and pain.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Anurag Jain

Head and neck lumps, thyroid, sinus and snoring surgery, paediatric ENT surgery, ear surgery, nasal surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Neeraj Jain

Children's wellbeing, paediatric cardiology, echocardiography and heart problems in children, neonatology and care of newborn infants.

**NHS trust base:** North Middlesex University Hospital NHS Trust

---

### Dr Namita Jasani

Eczema, psoriasis, acne, mole screening, hair disorders, warts, skin cancers, impetigo, hair problems.

**NHS trust base:** Private patients only

---

### Mr Samuel Jayaraj

Endoscopic sinus surgery, balloon sinuplasty, rhinoplasty, children's (paediatric) ENT, pinnaplasty (bat ears), contemporary techniques to minimise discomfort and speed recovery.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Kiran Jumani

Endoscopic ear surgery and neurotology, snoring disorders and sleep disordered breathing, balance disorders and tinnitus, septoplasty, rhinoplasty, tonsillectomy.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Ayman Khaier

Complex squint and cataract surgery including multifocal lense, eye movements, double vision (diplopia) and eye deviations.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Miss Premila Kollipara

Minimal access surgery, colposcopy, adolescent gynaecology, urogynaecology.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Shailesh Kulkarni

Incontinence surgery, paediatric urology, stone surgery and benign prostate disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Gaurav Kumar

Otology (dizziness and ear surgery), rhinology (balloon sinus surgery and cosmetic rhinoplasty), neck lumps and voice disorders, paediatric ENT adenotonsillectomy, pinnaplasty and grommets.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Sunil Kumar

Knee replacement, knee arthroscopy surgery, knee ligament surgery, joint manipulation treatment, joint pain treatment, arthroscopic knee surgery, cruciate ligament reconstruction, custom knee replacements, minimally invasive partial and total knee replacements, sports injuries, paediatric orthopaedics.

**NHS trust base:** Private patients only

---

### Dr Fathima Mahomed

All aspects of paediatrics, wellbeing, development.

**NHS trust base:** Private patients only

---

### Dr Bryan McDonald

Dermatological surgery, hair and nail disease, inflammatory skin disease, paediatric dermatology, photo dermatology and skin cancer.

**NHS trust base:** Barts Health NHS Trust

---

### Ms Deborah Michaels

Selective mutism, autistic spectrum disorders, stammers and speech sound difficulties.

**NHS trust base:** Private patients only

---

### Mr Devesh Misra

Paediatric gastro-intestinal surgery and paediatric urology, severe constipation, urine infection, circumcision, undescended testes, wetting problems, hernias, abdominal pain, vomiting and gastric reflux.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Nizar Muhammed

Epilepsy and related disorders, EMG, EEG (routine and sleep deprived and video telemetry), evoked potentials (visual, auditory and somatosensory).

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---



Spire

London East Hospital

# Specialist children's services



When a child is unwell, everyone wants them to get better quickly.

That's why we work with expert paediatric consultants to run a surgery service for children aged three and over, plus outpatient appointments from birth.

Whether a child needs tests or treatment, we can offer quick and convenient appointments.

#### Services include:

- Allergy investigations
- Audiology
- Dermatology
- Ear, nose and throat (ENT)
- General paediatrics
- Maxillofacial
- Orthopaedics
- Orthotics
- Paediatric general surgery
- Pain
- Plastics and cosmetic surgery
- Urology

**Book to see an expert today**

Search 'Spire London East Hospital'

Call 020 8709 7817

*Looking after you.*



### Mr Arikoge Ogedegbe

Gallstone surgery, abdominal wall hernia, laparoscopic hernia repair and endoscopy, oncological breast surgery and general breast surgery, paediatric surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Benignus Okafor

Spinal surgery including balloon kyphoplasty, disc disease, adult spine conditions, stenosis and instability.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Anthony Owa

Ear surgery, endoscopic ear surgery, salivary gland disease, paediatric ENT, including inflammatory diseases of ear, nose and throat

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr David Paige

Malignant skin cancer excision, mole, cyst, wart and skin tag removal, face and skin treatments for men and cancer tests, HIV related dermatology and all areas of paediatric dermatology.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Ioulious Palamaras

Malignant skin cancer excision, mole, cyst, wart and skin tag removal, scar revision, cancer tests, acne, eczema and dermatitis treatment.

**NHS trust base:** Royal Free London NHS Foundation Trust

---

### Mr Asif Parkar

Arthroscopy, hip surgery, knee surgery, soft tissue injuries, sports injury, pain relief.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Debi Ray

Asthma, autism, behavioural problems, child development, disability, gastroenterology, constipation, reflux, poor weight gain and abdominal pain, headaches, learning disabilities and difficulties.

**NHS trust base:** Private patients only

---

### Dr Anshoo Sahota

Malignant skin cancer excision, excessive sweating (hyperhidrosis), mole, cyst, wart and skin tag removal, scar revision, cancer tests, acne, eczema and dermatitis treatment.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Anish Shah

Wisdom teeth, cysts of the jaw, mouth ulcers, dry mouth, surgical endodontics, surgical orthodontics, recurrent oral ulceration and lichen planus, non surgical cosmetic treatments.

**NHS trust base:** South Essex Partnership NHS University Foundation Trust

---

### Dr Cheentan Singh

Paediatric ECG, liver and kidney test, infant growth and nutrition, paediatric cardiology, paediatric echocardiography, paediatric hypertension and paediatric nephrology.

**NHS trust base:** North Middlesex University Hospital

---

### Mr Jagwant Singh

Osteoarthritis, orthopaedic medicine, arthroscopy, elbow surgery, hand surgery, paediatric orthopaedics, shoulder surgery, soft tissue injury.

**NHS trust base:** Lewisham and Greenwich NHS Trust

---

### Professor CK Sinha

Paediatric hydrocele, undescended testes/orchidopexy, phimosis, circumcision, torsion testes.

**NHS trust base:** St. George's Healthcare Trust

---

### Mr Ziali Sivardeen

Sports injury, sports medicine, arthroscopy, elbow, knee and shoulder surgery, soft tissue injuries, sports and exercise medicine.

**NHS trust base:** Private patients only

---

### Mr Manu Sood

All aspects of cosmetic surgery for face and body, botulinum toxin, injections and fillers. Skin cancer surgery. Hand and nerve surgery and Pilonidal sinus surgery.

**NHS trust base:** Mid Essex Hospital Services NHS Trust

---

### Dr Rajiv Sood

Skin and eyes, hayfever, urticaria, anaphylaxis, injection adrenalin training, allergy skin prick testing, allergy desensitisation, asthma, eczema, new born and infants colic, reflux, feeding difficulties, failure to gain weight, routine health check and food intolerance.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

---

### Mr Janavikulam Thiruchelvam

All aspects of oral and maxillofacial surgery, dental implants, skin cancers, oral and facial reconstruction, facial trauma, bone grafting.

**NHS trust base:** Royal Free London NHS Foundation Trust

---

### Miss Maria Tsimpida

Lacrimal disorders, neuro-ophthalmology, paediatric ophthalmology, squint surgery.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Krishna Vemulapalli

Ankle surgery, arthroscopy, foot surgery, hip and knee surgery and general paediatric orthopaedics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Shobhit Verma

Lower limb orthopaedic surgeon, sports injuries and trauma, limb deformities and reconstruction.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

---

### Mr Max Whittaker

Grommets insertion, septoplasty surgery, sinus surgery, tonsillectomy and adenotonsillectomy for children, tonsillectomy for adults, balloon eustachian tuboplasty cholesteatoma surgery, ossiculoplasty, tympanoplasty, myringoplasty.

**NHS trust base:** Barts Health NHS Trust

---

## D

### Dermatology

#### Dr Ravinder Atkar

Skin cancer screening and treatment, general dermatology, acne, paediatric dermatology, eczema, mole removal, psoriasis.

**NHS trust base:** Barts Health NHS Trust

#### Dr Anthony Bewley

Allergies, inflammatory skin disease, psychodermatology and skin cancer.

**NHS trust base:** Barts Health NHS Trust

#### Dr Simon Davison

Allergies, dermatology, inflammatory skin disease and skin cancer.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Arucha Ekeowa-Anderson

Dermatological surgery, hair and nail disease, inflammatory skin disease and skin cancer.

**NHS trust base:** Barts Health NHS Trust

#### Dr Zeeshaan-ul Hasan

Excessive sweating, malignant skin cancer excision, scar revision and mole, cyst, wart and skin tag removal.

**NHS trust base:** Barts Health NHS Trust

#### Dr Fawad Hussain

Skin cancer screening and treatment, skin surgery, acne, psoriasis and eczema, inflammatory skin diseases and cosmetic dermatology.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Namita Jasani

Eczema, psoriasis, acne, mole screening, hair disorders, warts, skin cancers, impetigo, hair problems.

**NHS trust base:** Private patients only

#### Dr Bryan McDonald

Dermatological surgery, hair and nail disease, inflammatory skin disease, paediatric dermatology, photo dermatology and skin cancer.

**NHS trust base:** Barts Health NHS Trust

#### Dr David Paige

Malignant skin cancer excision, mole, cyst, wart and skin tag removal, face and skin treatments for men and cancer tests, HIV related dermatology and all areas of paediatric dermatology.

**NHS trust base:** Barts Health NHS Trust



Spire

London East Hospital

## Are your patients with medical insurance using it?

Approximately 10% of UK population have a private medical insurance policy – but not everyone uses it\*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI. Why not ask them too?

\*Healthcare Cover UK Market Report (Fifteenth Edition), Laing Buisson



*Looking after you.*

### Mr Ioulious Palamaras

Malignant skin cancer excision, mole, cyst, wart and skin tag removal, scar revision, cancer tests, acne, eczema and dermatitis treatment.

**NHS trust base:** Royal Free London NHS Foundation Trust

### Dr Anshoo Sahota

Malignant skin cancer excision, excessive sweating (hyperhidrosis), mole, cyst, wart and skin tag removal, scar revision, cancer tests, acne, eczema and dermatitis treatment.

**NHS trust base:** Barts Health NHS Trust

### Mr Adil Sheraz

Malignant skin cancer excision, excessive sweating (hyperhidrosis), mole, cyst, wart and skin tag removal, scar revision, cancer tests, acne, eczema, dermatitis and psoriasis treatment.

**NHS trust base:** Royal Free London NHS Foundation Trust

## Dietitian

### Miss Hasina Aktar

Dietetics, oncology, colorectal, gastroenterology, allergy patients and nutritional deficiencies.

**NHS trust base:** University College London Hospitals NHS Foundation Trust

### Dr Elizabeth Kyriacos

Diabetes, food allergies, gastroenterological conditions such as diverticular disease or coeliac disease, heart health and weight gain or loss.

**NHS trust base:** Private patients only

### Miss Kate Tomlinson

Specialising in bariatric surgery, adult weight management with experience in the provision of enteral and oral nutrition support.

**NHS trust base:** Kings College Hospital Foundation Trust

## E

## ENT

### Professor Yogesh Bajaj

Ear problems, hearing loss, sinusitis, nasal obstruction, glue ear, tonsillitis and neck lumps.

**NHS trust base:** Barts Health NHS Trust

### Mr Abir Bhattacharyya

General ENT, otology, endoscopic sinus surgery, voice disorders, paediatric ENT.

**NHS trust base:** Barts Health NHS Trust

### Professor Paul Chatrath

Sinusitis, balloon sinuplasty, septorhinoplasty, paediatric ENT disorders (adenotonsillectomy, grommets), voice problems, pinnaplasty/minimally invasive earfold, nasal valve surgery/titanium implants.

**NHS trust base:** Imperial College Healthcare NHS Trust

### Miss Hoi-Yi Ching

General ENT, balloon sinuplasty, eustachian tube balloon dilation.

**NHS trust base:** Private patients only

### Professor Chitta Chowdhury

Allergy, balance disorders, endoscopy, hearing loss, laryngology, otology, paediatric otolaryngology, rhinology, sleep disorders, snoring, thyroid disease, voice disorders.

**NHS trust base:** Private patients only

### Mr Michael Dilkes

Daycase laser tonsillectomy (low impact), surgical treatment of nose blockage and snoring, voice and swallowing problems, ear blockage.

**NHS trust base:** Barts Health NHS Trust

### Mr Hassan Elhassan

Adult ear, nose and throat surgery, rhinology, facial cosmetic and reconstructive surgery, head and neck surgery, paediatric ear, nose and throat surgery.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

### Mr Ahmed Z Eweiss

Allergy, ears, laryngology, nose, rhinology, sinus surgery, snoring, voice disorders.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr George Fayad

Laser surgery, breathe-implant (titanium implant for nasal valve collapse), otology and incision free pinnaplasty.

**NHS trust base:** Basildon and Thurrock University Hospitals NHS Foundation

### Mr Amro Hassaan

General ENT, sleep and snoring surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Anurag Jain

Head and neck lumps, thyroid, sinus and snoring surgery, paediatric ENT surgery, ear surgery, nasal surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Samuel Jayaraj

Endoscopic sinus surgery, balloon sinuplasty, rhinoplasty, children's (paediatric) ENT, pinnaplasty (bat ears), contemporary techniques to minimise discomfort and speed recovery.

**NHS trust base:** Barts Health NHS Trust

### Mr Kiran Jumani

Endoscopic ear surgery and neurotology, snoring disorders and sleep disordered breathing, balance disorders and tinnitus, septoplasty, rhinoplasty, tonislectomy.

**NHS trust base:** Barts Health NHS Trust

### Mr Gaurav Kumar

Otology (dizziness and ear surgery), rhinology (balloon sinus surgery and cosmetic rhinoplasty), neck lumps and voice disorders, paediatric ENT adenotonsillectomy, pinnoplasty and grommets.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Anthony Owa

Ear surgery, endoscopic ear surgery, salivary gland disease, paediatric ENT, including inflammatory diseases of ear, nose and throat.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Azhar Shaida

Ear, nose and throat, head and neck surgery, rhinology, otology, neurotology, sinus surgery, paediatric otolaryngology.

**NHS trust base:** University College London Hospitals NHS Foundation

### Mr Max Whittaker

Grommets insertion, septoplasty surgery, sinus surgery, tonsillectomy and adenotonsillectomy for children, tonsillectomy for adults, balloon eustachian tuboplasty cholesteatoma surgery, ossiculoplasty, tympanoplasty, myringoplasty.

**NHS trust base:** Barts Health NHS Trust

## Endocrinology

### Dr Rina Davison

Polycystic ovary syndrome (PCOS), parathyroid and thyroid disorders, pituitary disorders, female hair loss, thyroid disorders affecting fertility and during pregnancy.

**NHS trust base:** Barts Health NHS Trust

### Dr Khashaiar Nikookam

Thyroid, parathyroid disease, pituitary disease, obesity, erectile dysfunction, endocrinology and diabetes mellitus.

**NHS trust base:** Barking, Havering and Redbridge University NHS Trust

### Dr Fareeha Rizvi

Endocrinology and diabetes Type 1 and 2, disorders of the pituitary, adrenal and thyroid glands and women's health (PCOS, pregnancy and menopause).

**NHS trust base:** Whipps Cross and Barts Health Hospitals NHS Trust

### Dr Nemanja Stojanovic

Type 1 and 2 diabetes, pituitary, thyroid, parathyroid adrenal disorders, polycystic ovarian syndrome, testosterone replacement and adrenal disorders.

**NHS trust base:** Barking, Havering and Redbridge University NHS Trust

## G

## Gastroenterology

### Dr Waseem Ashraf

Colon disorders including inflammatory bowel disease, colon cancer (diagnosis and surveillance), dyspepsia (heart burn and indigestion) and ulcer disease, pancreatic and biliary disorders, capsule endoscopy.

**NHS trust base:** Private patients Only

### Dr George Bettany

Gastrointestinal cancer screening and surveillance, crohn's disease, liver disease, dyspepsia and IBS, hepatobiliary, pancreatic disorders, jaundice, therapeutic endoscopy, nutritional support.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Dr Abhinav Gupta

Acid reflux, dyspepsia (indigestion), endoscopy, gastro-intestinal cancers, inflammatory bowel disease, irritable bowel syndrome, liver and pancreas disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Dr Syed Hoque

Bowel disease, colonoscopy, endoscopy, coloproctology, gastrointestinal cancer, gastrointestinal pathology, liver disease, inflammatory bowel disease, nutrition, obesity, pancreatology, dyspepsia, fatty liver.

**NHS trust base:** Barts Health NHS Trust

### Dr Paul Kooner

Gastroenterology and Hepatology – chronic liver diseases, fatty liver disease, cirrhosis, viral hepatitis (hep B and C), autoimmune liver disease, abnormal liver blood tests, diagnosis and treatment of hepatocellular carcinoma, management of liver transplantation and decompensated cirrhosis.

**NHS trust base:** Barts Health NHS Trust

### Dr Leena Sinha

Inflammatory bowel disease, irritable bowel syndrome, dyspepsia, dysphagia, coeliac disease, jaundice, capsule endoscopy, gastroscopy, colonoscopy, flexible sigmoidoscopy.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Dr Sudeep Tanwar

Bowel disease, colonoscopy, coloproctology, endoscopy, gastrointestinal cancer, gastrointestinal pathology, inflammatory bowel disease, liver disease, motility disorder, nutrition, obesity, pancreatology.

**NHS trust base:** Barts Health NHS Trust



Spire

London East Hospital

# World-class experts in diagnostics



At Spire London East Hospital you can see leading diagnostic experts in as little as **48 hours** – so you can get better, faster.

Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

## Fast, flexible access to diagnosis and treatment

You can access our services when you need them, with appointment times available Monday to Saturday to suit you.\*

## Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

## Comprehensive range of diagnostic services

- CT scanning
- Mammography
- MRI scanning
- Ultrasound
- X-ray services

## Book to see an expert today

Search 'Spire London East Hospital'

Call 020 8709 7856

\*Timings given are indicative, actual timings may vary based on consultant and tests required.  
\*A referral from your GP or Consultant is required prior to arranging an appointment

*Looking after you.*



## General surgery

### Mr Sanjay Agrawal

General GI surgery, laparoscopy investigation and treatment, hernia surgery, gallbladder and gallstone removal (cholecystectomy).

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

### Mr Aman Bhargava

Laparoscopic cholecystectomy, anti-reflux surgery, colorectal cancer and advanced laparoscopic colorectal surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Abraham Botha

Gastrointestinal cancer, gastrointestinal surgery and obesity, fundoplication, hernia repair, hiatus hernia repair, laparoscopic cholecystectomy.

**NHS trust base:** Guy's and St Thomas' NHS Foundation Trust

### Mr Stephen Brearley

Laser treatment (EVLT), hyperhidrosis (excessive sweating), hernia repair surgery, aneurysms, carotid artery disease and laparoscopic cholecystectomy.

**NHS trust base:** Barts Health NHS Trust

### Mr James Crinnion

Varicose vein surgery, inguinal hernia, laparoscopic hernia repair, gall stones, gall bladder removal, inguinal hernia repair, laparoscopic cholecystectomy, thyroid surgery, goitre, thyroid tumours, parathyroid surgery, thyroidectomy primary hyperparathyroidism.

**NHS trust base:** Barts Health NHS Trust

### Miss Jasdeep Kaur Gahir

Asymmetry – natural or as a result of previous surgery, nipple reconstruction and tattooing, assessment of breast lumps, wide local excision of breast lumps (lumpectomy), therapeutic mastoplasty (lumpectomy and uplift), sentinel node biopsy and axillary clearance. Hernia repair surgery.

**NHS trust base:** North Middlesex University Hospital NHS Trust

### Mr Matthew Hanson

Gallbladder surgery, minor lump removal, colonic and rectal surgery, colorectal cancer, rectal prolapse, haemorrhoids and anal fissures.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Sabu Jacob

Varicose veins including Venefit™ (formally known as VNUS closure), laparoscopic hernia repair and laparoscopic gallbladder surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Michael Machesney

Hernia surgery, colonoscopy, bowel surgery, colostomy and ileostomy, haemorrhoid removal treatment.

**NHS trust base:** Barts Health NHS Trust

### Mr Kesava Mannur

Gallstone surgery, hernias and reflux.

**NHS trust base:** Homerton University Hospital NHS Foundation Trust

### Mr Dip Mukherjee

Gastro-oesophageal cancers, hernia, gallstones, rectal bleeding, dyspepsia (indigestions, heartburn and reflux) weight loss and anaemia.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Arikoge Ogedegbe

Gallstone surgery, abdominal wall hernia, laparoscopic hernia repair and endoscopy, oncoplastic breast surgery and general breast surgery, paediatric surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Akinyede Ojo

Thyroid and parathyroid surgery, laparoscopic surgery, gallbladder surgery, hernia repair and endocrine disease, general breast surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Hitesh Patel

Colon and rectal cancer, ileo-anal pouch, surgery for inflammatory bowel disease, pilonidal sinus disease (including karydakis procedure for complex cases), laparoscopic cholecystectomy (gallstones), gastroscopy, anal fistulae, fissures and haemorrhoids.

**NHS trust base:** Barts Health NHS Trust

### Mr Sandeep Patel

Hernia surgery, excision of lesions.

**NHS trust base:** Basildon and Thurrock University Hospitals NHS Foundation

### Mr Anthony Pittathankal

Breast reconstruction, breast deformities, breast reduction surgery, nipple reconstruction and tattooing. Adrenal and gallbladder surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Mrinal Saharay

Laparoscopic cholecystectomy, inguinal/femoral and incisional hernias, rectal bleeding, circular stapled, haemorrhoidectomy, anal fissure and fistula, colorectal cancers, thyroid and parathyroid disorders and minimally invasive thyroid surgery.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Veeranna Shatkar

General colorectal surgery and upper GI.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Amit Sinha

Laparoscopic and minimal access surgery, gallbladder hernia operations, surgery for haemorrhoids – THD procedure, stapled haemorrhoidopexy, open haemorrhoidectomy, management of anal canal fissure, anal canal fistula and pilonidal sinus, assessment and management of rectal bleeding.

**NHS trust base:** Barts Health NHS Trust

### Mr Wael Ismail

Paediatric surgery, hernia, circumcision, breast lumps and pain.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

## Gynaecology

### Mr Amr Ahmed Gehad

Endometriosis, hysteroscopy, laparoscopic surgery, menopause, menorrhagia, menstrual disorders, miscarriage, post menopausal problems, prolapse, urodynamics, urogynaecology.

**NHS trust base:** Homerton University Hospital NHS Foundation

### Miss Farida Bano

Pelvic pain, contraception, early pregnancy problems, ectopic pregnancy and ovarian cyst.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS

### Mrs Nandita Deo

Gynaecology and/or obstetrics, colposcopy, hysteroscopy, menopause, prolapse, laparoscopic surgery.

**NHS trust base:** Barts Health NHS Trust

### Mrs Sarah Hussain

Urogynaecology, minimal invasive gynaecological surgery, vaginal pelvic reconstructive surgery, incontinence, menstrual disorders.

**NHS trust base:** Private patients only

### Ms Sujatha Kalburgi

Early pregnancy and obstetric risk management, excision of cysts, warts and vulval lesions, total abdominal hysterectomy, endometrial ablation, laparoscopy.

**NHS trust base:** Mid and South Essex NHS Trust

### Miss Premila Kollipara

Minimal access surgery, colposcopy, adolescent gynaecology, urogynaecology.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Michael Magro

Endometriosis, hysterectomy, hysteroscopy, laparoscopic surgery, menopause, menorrhagia, menstrual disorders, miscarriage, post menopausal problems, reproductive health.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Kingsley Mahendra

General gynaecology, endometriosis.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Mohammad Masood

Menstrual disorders, menopause, minimal access surgery, hormone imbalances and hormone replacement therapy, ovarian cysts, fibroids, prolapse surgery, hysteroscopy.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Miss Roopa Ravindranathan Nair

Urogynaecology (urinary incontinence and prolapse), menstrual disorders, fibroids, pelvic pain.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Akobundu Nnochiri

Advanced laparoscopy surgery for: fibroids, hysterectomy, ovarian cysts, endometriosis, ectopic pregnancy, prolapse of womb and vagina, outpatient hysteroscopy for removal of polyps and fibroids, menstrual disorders, pelvic pain, urogynaecology (urinary incontinence and prolapse).

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Funmilayo Odejinmi

Urogynaecology, laparoscopic surgery, hysteroscopy, endometriosis, colposcopy.

**NHS trust base:** Barts Health NHS Trust

### Mr Isaac Opemuyi

Early pregnancy problems, minimal access surgery and ultrasound.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mrs Manjula Raajkumar

Diagnostic laparoscopy, endometrial ablation, hysteroscopy, laparoscopic sterilisation, laparoscopic treatment of endometriosis, laparoscopy (keyhole surgery) for gynaecological conditions, menopause, oophorectomy, women's health, vaginal hysterectomy, vaginal prolapse (colporrhaphy) posterior repair, vulval disease.

**NHS trust base:** Barts Health NHS Trust

### Miss Aruna Ramineni

Hysteroscopy, mirena insertion, polypectomy, endometrial ablation, laparoscopy, ovarian drilling, ovarian cystectomy, salpingo-oophorectomy, fibroid removal, removal of endometrioma, hysterectomy.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Kunal Rathod

Advanced laparoscopic surgery for endometriosis, fibroids and pelvic organ prolapse. Advanced hysteroscopic surgery for removal of polyps, fibroids, recurrent miscarriage due to uterine anomalies.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Khalil Razvi

Colposcopy, cancer and screening, period abnormalities, endometriosis, keyhole surgery including hysterectomy, prolapse, fibroids, vulva/vaginal disorders.

**NHS trust base:** Southend University Hospital NHS Foundation Trust

### Miss Alpa Shah

Endometrial ablation surgery, female sterilisation, hormone test, hysterectomy surgery, hysteroscopy procedure, laparoscopy investigation and treatment, ovarian cyst removal, sexual health testing, menopause, thyroid test.

**NHS trust base:** Barts Health NHS Trust

### Ms Mona Sharma

Gynaecology and/or obstetrics, colposcopy, hysteroscopy, infertility, laparoscopic surgery, menopause, menorrhagia, menstrual disorders, miscarriage, post menopausal problems, prolapse, subfertility.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Miss Deepali Sinha

Laparoscopic surgery, hysterectomy, urogynaecology, menstrual disorders, endometriosis, pelvic pain, outpatient operative gynaecology.

**NHS trust base:** Barts Health NHS Trust

## M

## Maxillofacial and oral surgery

### Mr Leo Cheng

Head and neck pathology including thyroid, salivary gland, skin tumours, general oral and maxillofacial surgery, facial reconstructive surgery.

**NHS trust base:** Barts Health NHS Trust

### Mr Anish Shah

Wisdom teeth, cysts of the jaw, mouth ulcers, dry mouth, surgical endodontics, surgical orthodontics, recurrent oral ulceration and lichen planus, non surgical cosmetic treatments.

**NHS trust base:** South Essex Partnership NHS University Foundation Trust

### Mr Janavikulam Thiruchelvam

All aspects of oral and maxillofacial surgery, dental implants, skin cancers, oral and facial reconstruction, facial trauma, bone grafting.

**NHS trust base:** Royal Free London NHS Foundation Trust

## N

## Neurology

### Dr John Jestico

Epilepsy, headaches, multiple sclerosis, strokes, gait disturbances and Parkinson's disease.

**NHS trust base:** Private patients only

### Dr John McAuley

Diagnosis of tremor, deep brain stimulation for movement disorders, neurostimulation for chronic pain and epilepsy.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

## Nephrology

### Dr Ibrahim Fahal

Urinary abnormalities, hypertension, diabetic nephropathy and chronic kidney disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Dr Ajith James

Renal anaemia, renal bone disease, nephrotic syndrome, lupus nephritis and vasculitis.

**NHS trust base:** Barts Health NHS Trust

## Neurophysiology

### Dr Nizar Muhammed

Epilepsy and related disorders, EMG, EEG (routine and sleep deprived and video telemetry), evoked potentials (visual, auditory and somatosensory).

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

## Neurosurgery

### Mr Habib Ellamushi

Slipped discs, disc degeneration, spinal osteoporosis, spinal trauma, spinal infections and tumours.

**NHS trust base:** Barts Health NHS Trust

## Ophthalmology

### Mr Oliver Bowes

Cataract surgery, refractive cataract surgery, modern corneal transplantation, corneal surface procedures, YAG laser treatments, corneal collagen cross-linking and laser capsulotomy.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Niaz Islam

Cataract surgery including multi-focal intra-ocular lens implants to correct vision, retinal laser and injections for macular degeneration (ARMD, diabetic eye disease, vein occlusions and uveitis, primary care and minor procedures.

**NHS trust base:** Moorfields Eye Hospital

### Mr Ayman Khaier

Complex squint and cataract surgery including multifocal lense, eye movements, double vision (diplopia) and eye deviations.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Gerassimos Lascaratos

Cataract surgery including premium lenses, medical management of glaucoma and monitoring, laser for glaucoma including SLT, laser peripheral iridotomy and cyclodiode laser, minimally invasive glaucoma surgery (MIGS) to improve eye pressure control and/or reduce need for drops, trabeculectomy and tube surgery, glaucoma revision surgery, complex cataract surgery in patients with glaucoma, eyelid cyst surgery.

**NHS trust base:** King's College Hospital NHS Foundation Trust

### Mr Dipak Parmar

Cataract surgery, corneal and external eye disease, refractive surgery, uveitis.

**NHS trust base:** Barts Health NHS Trust

### Miss Sudeshna Patra

Diabetic eye disease, headache, cataract surgery, corneal and external eye disease, diabetic eye disease, glaucoma treatment, macular degeneration, neuro-ophthalmology, retinal disease.

**NHS trust base:** Barts Health NHS Trust

### Miss Tahmina Pearsall

Cataract surgery, glaucoma treatment.

**NHS trust base:** Surrey and Sussex Healthcare NHS Trust

### Mr Ian Subak-Sharpe

Aesthetic surgery of upper eyelid, lower eyelid and eyebrow surgery, non-surgical facial rejuvenation, upper and lower eyelid malposition, watering eye, periocular cancer and eyelid reconstruction.

**NHS trust base:** Barts Health NHS Trust

### Miss Maria Tsimpida

Lacrimal disorders, neuro-ophthalmology, paediatric ophthalmology, squint surgery.

**NHS trust base:** Barts Health NHS Trust

### Mr Hadi Zambarakji

Macular degeneration, diabetic eye disease, retinal disease, cataract surgery, v-retinal surgery.

**NHS trust base:** Barts Health NHS Trust

## Orthopaedic

### Mr Ashok Acharya

Forefoot surgery, minimally invasive bunion surgery, ankle arthroscopy and surgery, paediatric orthopaedics and trauma.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Hasan Ahmed

Arthroscopy, elbow surgery, hand surgery, knee surgery, shoulder surgery, soft tissue injuries, sports injury, sports medicine, upper limb surgery, wrist surgery.

**NHS trust base:** Barts Health NHS Trust

### Mr Mudassar Ahmed

Hip replacement surgery, joint manipulation treatment, joint pain injections, knee arthroscopy surgery, knee ligament surgery and knee replacement.

**NHS trust base:** Barking, Havering & Redbridge University Hospitals NHS Trust

### Mr Ahmad Ali

Knee surgery, sports injury, paediatric orthopaedics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Mahesh Akula

Back pain, degenerative spine, lumbar spine disorders, neck pain, osteoarthritis, pain management. spinal surgery.

**NHS trust base:** Basildon and Thurrock University Hospital NHS Foundation Trust

### Mr Sylvester Amamilo

Ankle, arthroscopy, foot, hand, hip, knee and wrist surgery.

**NHS trust base:** Barts Health NHS Trust

### Mr Mohit Bansal

Partial (uni) knee replacement, total knee replacement, total hip replacement, knee joint preservation procedures (PRP/stem cells, osteotomies, cartilage procedures) and sports injuries (meniscal repair, ligament repair/reconstruction).

**NHS trust base:** East Kent Hospitals University NHS Foundation Trust

### Mr Kuenfoo Chin

Ganglion removal surgery, joint manipulation treatment, joint pain treatment, rotator cuff repair and ligament and tendon repair, reconstruction in shoulder, elbow, hand and wrist.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

### Mr Jerome Davidson

Hip replacement, custom hip replacement, ceramic bearings in hip replacement, revision hip replacement, sickle cell hip disease, avascular necrosis of the hip, multimorbidity and hip replacement, metastatic disease of the hip and pelvis, hip trauma and periprosthetic hip fracture management.

**NHS trust base:** Guy's and St Thomas' NHS Foundation Trust

### Mr Habib Ellamushi

Slipped discs, disc degeneration, spinal osteoporosis, spinal trauma, spinal infections and tumours.

**NHS trust base:** Barts Health NHS Trust

### Mr Ian Garnham

Ankle surgery, arthroscopy, foot surgery, sports injury, paediatric orthopaedics.

**NHS trust base:** Barts Health NHS Trust

### Mr Parag K Jaiswal

Arthroscopy, hip resurfacing, hip surgery, knee surgery, orthopaedic medicine, osteoarthritis, soft tissue injuries, sports injury, sports medicine, wrist surgery.

**NHS trust base:** Royal Free London NHS Foundation Trust

### Mr Arif Khan

Hip surgery, knee surgery, spinal surgery, lumbar spine disorders.

**NHS trust base:** Barts Health NHS Trust

### Mr Sunil Kumar

Knee replacement, knee arthroscopy surgery, knee ligament surgery, joint manipulation treatment, joint pain treatment, arthroscopic knee surgery, cruciate ligament reconstruction, custom knee replacements, minimally invasive partial and total knee replacements, sports injuries, paediatric orthopaedics.

**NHS trust base:** Private patients only

---

### Mr Mandeep Lamba

Hip surgery, knee surgery, soft tissue injuries, arthroscopy, sports injury.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Shahbux Lashari

Ankle surgery, arthroscopy, foot surgery.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Brian Levack

Lower back pain and surgery, lower limb joint replacement.

**NHS trust base:** Private patients only

---

### Mr Sean William Masterson

Hip and knee replacement, with revision surgery and unicondylar knees surgery, sports injuries, including knee arthroscopy, ligament and cartilage repairs, specialist in minimal-approach hip replacement and earlier rehabilitation with superpath hip technique.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Philip Mathew

Hand and wrist fractures, scaphoid fractures, wrist pain, wrist instability, wrist arthroscopy, Kienbock's disease, carpal tunnel syndrome, trigger finger, dupuytren's disease, hand and wrist arthritis.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Madhusudhan Nannaparaju

Total knee replacements, total hip replacements, unicondylar knee replacements, ACL reconstructions, knee arthroscopies for degenerative and sports injuries, minor procedures of hand.

**NHS trust base:** Practice Group Plus, Ilford

---

### Mr Wallace Ogufere

Upper limb/shoulder surgery, arthroscopic shoulder surgery, total shoulder and elbow replacement.

**NHS trust base:** Lewisham and Greenwich NHS Trust

---

### Mr Benignus Okafor

Spinal surgery including balloon kyphoplasty, disc disease, adult spine conditions, stenosis and instability.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Asif Parkar

Arthroscopy, hip surgery, knee surgery, soft tissue injuries, sports injury, pain relief.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Mahesh Kashinath Pimple

Injuries of the upper limb (shoulder, elbow, hand and wrist), arthroscopic and open upper limb surgery.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Anil Prasanna

Bunion removal and treatment, carpal tunnel syndrome surgery, dupuytren's contracture, ganglion removal surgery, ingrown toenail surgery, joint pain treatment (joint injections), trigger finger release.

**NHS trust base:** Practice Group Plus, Ilford

---

### Mr Shivakumar Shankar

Hip surgery, hip revision surgery, knee surgery, orthopaedic surgery, osteoarthritis, soft tissue injuries.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Jagwant Singh

Osteoarthritis, orthopaedic medicine, arthroscopy, elbow surgery, hand surgery, paediatric orthopaedics, shoulder surgery, soft tissue injury.

**NHS trust base:** Lewisham and Greenwich NHS Trust

---

### Mr Ziali Sivardeen

Sports injury, sports medicine, arthroscopy, elbow, knee and shoulder surgery, soft tissue injuries, sports and exercise medicine.

**NHS trust base:** Private patients only

---

### Mr Kesavan Sri-Ram

Ankle surgery, arthroscopy, foot surgery, knee surgery, hip revision surgery, hip surgery, osteoarthritis, soft tissue injuries, sports injury, sports medicine.

**NHS trust base:** Barts Health NHS Trust

---

### Mr Sheo Tibrewal

Knee arthroscopy surgery, knee ligament surgery, joint manipulation treatment, joint pain treatment (joint injections), carpal tunnel syndrome surgery, epidural injections, bunion removal and treatment.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Krishna Vemulapalli

Ankle surgery, arthroscopy, foot surgery, hip and knee surgery and general paediatric orthopaedics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Mr Shobhit Verma

Lower limb orthopaedic surgeon, sports injuries and trauma, limb deformities and reconstruction.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

---



## P

### Pain

#### Dr Muhammad Ather

Sacro-iliac joint cool radiofrequency denervation, radiofrequency lesioning, disc biacuplasty.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Farrah Ayob

Acute and chronic back pain, botox for migraine, cancer related pain, catheter guided epidural neurolysis, coccydynia (tailbone pain), CRPS, facet joint arthropathies, facet joint medial branch block, facet joint radiofrequency denervation .

**NHS trust base:** Barts Health NHS Trust

#### Dr Norman Kufakwaro

Spinal pain, back and neck pain, leg pain, nerve pain, abdominal pain, pelvic pain, chronic pain and neuromodulation for pain and other conditions.

**NHS trust base:** Barts Health NHS Trust

#### Dr Vivek Mehta

Pain medicine, minimally invasive procedures to manage back pain, disc disease, facet joint disease, whiplash injuries, shoulder pain and rotator cuff injuries.

**NHS trust base:** Barts Health NHS Trust

#### Miss Roopa Chatterjee

Management of complex widespread pain syndrome and refractory back pain, facet joint injections and denervation (cervical, thoracic, lumbar), sacro-iliac joint injection and denervation, nerve root injections and pulsed radio frequency, epidurals- cervical, lumbar and caudal, racz catheter epidurolysis, US guided injections including peripheral nerves, muscle planes and trigger points.

**NHS trust base:** North Middlesex University Hospital NHS Trust

### Plastic surgery

#### Miss Schweta Aggarwal

Breast implant removal, breast lump investigation, breast lump removal, breast reconstruction following mastectomy, breast reduction, breast uplift (mastopexy), breast enlargement, eyelid surgery or eyebag removal (blepharoplasty), liposuction, male breast reduction surgery (gynaecomastia), mastectomy, mole, cyst, wart and skin tag removal, tummy tuck (abdominoplasty), malignant skin cancer excision, scar revision, sentinel lymph node biopsy and lymph node removal.

**NHS trust base:** Barts Health NHS Trust

#### Miss Jasdeep Kaur Gahir

Breast – asymmetry – natural or as a result of previous surgery, nipple reconstruction and tattooing, assessment of breast lumps, wide local excision of breast lumps (lumpectomy), therapeutic mammoplasty (lumpectomy and uplift), sentinel node biopsy and axillary clearance.

**NHS trust base:** North Middlesex University Hospital NHS Trust

#### Mr Mark Gittos

Breast reconstruction following breast cancer, skin cancer surgery.

**NHS trust base:** Private patients only

#### Mr Fortune Iwuagwu

Breast surgery, liposuction, abdominoplasty, cosmetic surgery, scars, hand surgery, skin cancer, body contouring.

**NHS trust base:** Barts Health NHS Trust

#### Miss Caroline Payne

Cosmetic breast surgery, body contouring surgery, liposuction, removal of skin lesions.

**NHS trust base:** Barts Health NHS Trust

#### Mr Rajesh Ragoowansi

Breast enlargement, breast reduction, breast uplift (mastopexy), facelift, eyelid surgery or eyebag removal (blepharoplasty), thigh and buttock lift, anti-wrinkle treatment by injection, breast implant removal, brow lift surgery, tummy tuck (male and female), face and skin treatments for men, inverted nipple surgery, liposuction (male and female), liposculpture to treat lines and wrinkles, male breast reduction surgery (gynaecomastia), nose reshaping (rhinoplasty), labial reduction surgery (vaginal reshaping), scar revision, neck lift, mole, cyst and skin tag removal, arm reduction and arm lift, breast reconstruction following mastectomy.

**NHS trust base:** Barts Health NHS Trust

#### Mr Manu Sood

All aspects of cosmetic surgery for face and body, botulinum toxin, injections and fillers, skin cancer surgery, hand and nerve surgery and pilonidal sinus surgery.

**NHS trust base:** Mid and South Essex NHS Trust

## R

### Radiology

#### Dr Faisal Alyas

Musculoskeletal.

**NHS trust base:** Royal National Orthopaedic Hospital NHS Trust

#### Dr Jonathon Andrews

Musculoskeletal, chest and GI, uroimaging.

**NHS trust base:** Barts Health NHS Trust

#### Dr Krishna Prasad Bellam-Premnath

Musculoskeletal and cross-sectional body diagnostic and interventional radiologist.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Sanjiv Chawda

Neuroradiologist head and neck.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

#### Dr Thomas Conner

Breast and musculoskeletal radiologist and interventional radiology.

**NHS trust base:** North Middlesex University Hospital NHS Trust

### Mrs Joanne Eastman

Sonographer gynaecological and abdominal imaging, aneurysm screening.

**NHS trust base:** The Royal Marsden NHS Foundation Trust

---

### Dr Mohamed Elsayad

Musculoskeletal and cross-sectional body diagnostic and interventional radiology.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Sherif Hanna

Head and neck imaging and neuroradiology.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Tatsiana Kuzmich

Specialising in gynaecological imaging providing expertise in US, CT and MRI reporting.

**NHS trust base:** Barts Health Trust

---

### Mr Ahmed Hassan Mostafa Elowaidy

Abdominal/GI, gynaecology, neuroimaging, general cross-sectional and oncology imaging.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Harish Nagraj

Diagnostic musculoskeletal radiology, musculoskeletal intervention radiologist, sports injury imaging.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Zoltan Nagy

Interventional radiology.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Edward Offiah

Neuroradiologist, head and neck.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Sandeep Pathak

Diagnostic and interventional radiologist, musculoskeletal, uroimaging and GI Imaging.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Noreen Rasheed

Breast radiologist.

**NHS trust base:** Basildon and Thurrock University Hospital NHS Foundation

---

### Dr Thaj Rehman

Breast radiologist and cross-sectional imaging.

**NHS trust base:** Basildon and Thurrock University Hospitals NHS Foundation

---

### Dr Imran Syed

Musculoskeletal and cross-sectional body diagnostic and interventional radiology.

**NHS trust base:** Basildon and Thurrock University Hospitals NHS Foundation

---

### Dr Sofia Vizidou

Musculoskeletal and C-spine ultrasound guided steroid injections.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Nayanakanthi Kumari Wijayasundara

Breast radiologist.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

## Respiratory medicine

### Dr Rajesh Banka

Lung cancer, general respiratory medicine, asthma and sleep disorders.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Ash Husain

Lung cancer, lung disease, respiratory medicine.

**NHS trust base:** Royal Free London NHS Foundation Trust

---

### Dr Syed Saboor

Chest medicine, lung cancer, lung disease.

**NHS trust base:** Royal Free London NHS Foundation Trust

---

## Rheumatology

### Mr Naveen Bhadauria

Rheumatoid arthritis, lupus, fibromyalgia, chronic pain management, osteoarthritis, back pain, gout, soft tissue rheumatism.

**NHS trust base:** North Middlesex University Hospital NHS Trust

---

### Dr Christopher Kelsey

Rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, systemic lupus erythematosus (SLE), osteoporosis, Paget's disease, shoulder disorders, repetitive strain injury (RSI), hypermobility, soft tissue rheumatism, spinal disorders.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Neil Perera

Tendinitis, ligament sprain, carpal tunnel syndrome, trigger finger, bursitis, fasciitis and fibromyalgia.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

### Dr Debasish Pyne

Arthritis, soft tissue rheumatism, sports injury, acupuncture/injections and lupus.

**NHS trust base:** Barts Health NHS Trust

---

### Dr Euthalia Roussou

Spondyloarthropathies (such as ankylosing spondylitis and psoriatic arthritis), reactive arthritis, enteropathic arthropathies (related to ulcerative colitis and chron's disease), lupus, joint injections.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

## S

### Speech therapy

#### Ms Deborah Michaels

Selective mutism, autistic spectrum disorders, stammers and speech sound difficulties.

**NHS trust base:** Private patients only

---

## U

### Urology

#### Professor Andrew Ballaro

All treatments for kidney stones, ureteric stent problems, endourology (minimally invasive surgery).

**NHS trust base:** Barking, Havering and Redbridge University NHS Trust

---

#### Professor Jayanta Barua

Bladder cancer, incontinence, male infertility, paediatric urology, prostate cancer, sexual dysfunction, urinary tract infections, urodynamics.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

#### Mr Shiv Bhanot

Bladder cancer, erectile dysfunction, female urology including urinary infections and urinary incontinence, holep, kidney stones, prostate cancer, prostate enlargement, Rezum, TURP (plasmakinetic) and memocath, urolift.

**NHS trust base:** Barking, Havering and Redbridge University Hospital NHS Trust

---

#### Mr Francis Chinegwundoh

Brachytherapy, prostate cancer, erectile dysfunction, urinary problems, sterilisation.

**NHS trust base:** Barts Health NHS Trust

---

#### Mr Shafi Chowdhury

Female urology, functional urology, neuro-urology, stress incontinence, urinary incontinence, overactive bladder problems, voiding dysfunction, lower urinary tract symptoms, prostate and bladder related problem, general urology problems.

**NHS trust base:** Barts Health NHS Trust

---

#### Mr Stuart James Graham

Circumcision, vasectomy, scrotal problems, recurrent urinary tract infections, prostatitis, pelvic and bladder pain syndrome, investigation of blood in the urine, prostate cancer and mixed urinary symptoms, including overactive bladder and poor flow.

**NHS trust base:** Barts Health NHS Trust

---

#### Mr Sandeep Gujral

Complex bladder and prostate surgery for cancer and benign conditions.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

#### Mr Anand Kelkar

Nerve sparing robotic prostatectomy, neurosafe trial, targeted prostate biopsy, early cancer diagnosis.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

#### Mr Shailesh Kulkarni

Incontinence surgery, paediatric urology, stone surgery and benign prostate disease.

**NHS trust base:** Barking, Havering and Redbridge University Hospitals NHS Trust

---

#### Mr Junaid Masood

Bladder investigations, bladder lesion removal, circumcision, epididymal cysts removal, hydrocele surgery, kidney stones treatment and vasectomy.

**NHS trust base:** Barking, Havering and Redbridge University NHS Trust

---

#### Miss Jhumur Pati

Haematuria (blood in the urine), cystitis, UTI, raised PSA, BPH, scrotal problems, male-factor infertility, renal tract calculi, urological cancers.

**NHS trust base:** Barts Health NHS Trust

---

#### Mr John Peters

Andrology, erectile dysfunction, urinary tract infections, urodynamics, urological cancers.

**NHS trust base:** Barts Health NHS Trust

---

# Index

## A

Mr Ashok Acharya	Children and Young People's Service	11
Mr Ashok Acharya	Orthopaedic	22
Miss Schweta Aggarwal	Plastic surgery	24
Mr Sanjay Agrawal	Bariatrics	10
Mr Sanjay Agrawal	General surgery	19
Mr Hasan Ahmed	Children and Young People's Service	11
Mr Hasan Ahmed	Orthopaedic	22
Dr Ravinder Atkar	Children and Young People's Service	11
Dr Ravinder Atkar	Dermatology	15
Miss Hasina Aktar	Dietitian	16
Mr Mahesh Akula	Orthopaedic	22
Mr Ahmad Ali	Children and Young People's Service	11
Mr Ahmad Ali	Orthopaedic	22
Dr Faisal Alyas	Radiology	24
Mr Sylvester Amamilo	Orthopaedic	22
Dr Jonathon Andrews	Radiology	24
Mrs Prabhleen Anand	Children and Young People's Service	11
Dr Waseem Ashraf	Gastroenterology	17
Dr Muhammad Ather	Pain	24
Dr Farrah Ayob	Pain	24

## B

Professor Yogesh Bajaj	Children and Young People's Service	11
Professor Yogesh Bajaj	ENT	16
Dr Monika Bajaj	Children and Young People's Service	11
Professor Andrew Ballaro	Urology	26
Dr Rajesh Banka	Respiratory medicine	25
Miss Farida Bano	Gynaecology	20
Mr Mohit Bansal	Orthopaedic	22
Professor Jayanta Barua	Children and Young People's Service	11
Professor Jayanta Barua	Urology	26
Dr Krishna Prasad Bellam-Premnath	Radiology	24

Dr George Bettany	Children and Young People's Service	11
Dr George Bettany	Gastroenterology	17
Dr Anthony Bewley	Children and Young People's Service	11
Dr Anthony Bewley	Dermatology	15
Mr Naveen Bhadauria	Rheumatology	25
Mr Shiv Bhanot	Urology	26
Mr Aman Bhargava	General surgery	19
Mr Abir Bhattacharyya	Children and Young People's Service	11
Mr Abir Bhattacharyya	ENT	16
Mr Abraham Botha	General surgery	19
Mr Oliver Bowes	Ophthalmology	21
Mr Stephen Brearley	General surgery	19

## C

Professor Paul Chatrath	Children and Young People's Service	11
Professor Paul Chatrath	ENT	16
Miss Roopa Chatterjee	Pain	24
Dr Sanjiv Chawda	Radiology	24
Mr Leo Cheng	Children and Young People's Service	11
Mr Leo Cheng	Maxillofacial and oral surgery	21
Mr Kuenfoo Chin	Orthopaedic	22
Mr Francis Chinegwundoh	Urology	26
Miss Hoi-Yi Ching	ENT	16
Miss Hoi-Yi Ching	Children and Young People's Service	11
Professor Chitta Chowdhury	Children and Young People's Service	11
Professor Chitta Chowdhury	ENT	16
Mr Shafi Chowdhury	Urology	26
Dr Thomas Conner	Radiology	24
Mr James Crinnion	General surgery	19

**D**

Dr Debashish Das	Cardiology	10
Mr Jerome Davidson	Orthopaedic	22
Dr Rina Davison	Endocrinology	17
Dr Simon Davison	Children and Young People's Service	11
Dr Simon Davison	Dermatology	15
Dr Andrew Deaner	Cardiology	10
Mrs Nandita Deo	Gynaecology	20
Dr Emma Devereux	Children and Young People's Service	11
Mr Michael Dilkes	ENT	16

**E**

Mrs Joanne Eastman	Radiology	25
Dr Arucha Ekeowa-Anderson	Dermatology	15
Mr Hassan Elhassan	Children and Young People's Service	11
Mr Hassan Elhassan	ENT	16
Mr Habib Ellamushi	Neurosurgery	21
Mr Habib Ellamushi	Orthopaedic	22
Dr Mohamed Elsayad	Radiology	25
Mr Ahmed Z Eweiss	Children and Young People's Service	11
Mr Ahmed Z Eweiss	ENT	16

**F**

Dr Ibrahim Fahal	Nephrology	21
Dr Fahad Masood Farooqi	Cardiology	10
Mr George Fayad	Children and Young People's Service	12
Mr George Fayad	ENT	16

**G**

Ms Indira Gadhvi	Audiology	10
Miss Jasdeep Kaur Gahir	Plastic surgery	24
Miss Jasdeep Kaur Gahir	Breast	10
Miss Jasdeep Kaur Gahir	Children and Young People's Service	12
Miss Jasdeep Kaur Gahir	General surgery	19

Mr Ian Garnham	Orthopaedic	22
Mr Amr Ahmed Gehad	Gynaecology	20
Mr Mark Gittos	Plastic surgery	24
Mr Stuart James Graham	Urology	26
Mr Sandeep Gujral	Children and Young People's Service	12
Mr Sandeep Gujral	Urology	26
Dr Sandy Gupta	Cardiology	10
Dr Abhinav Gupta	Gastroenterology	17
Dr Abhinav Gupta	Children and Young People's Service	12
Dr Arbind Gupta	Children and Young People's Service	12

**H**

Dr Sherif Hanna	Radiology	25
Mr Matthew Hanson	General surgery	19
Dr Zeeshan-ul Hasan	Dermatology	15
Mr Amro Hassaan	Children and Young People's Service	12
Mr Amro Hassaan	ENT	16
Dr Syed Hoque	Gastroenterology	17
Dr Ash Husain	Respiratory Medicine	25
Dr Fawad Hussain	Dermatology	15
Mrs Sarah Hussain	Gynaecology	20

**I**

Mr Niaz Islam	Ophthalmology	21
Mr Wael Ismail	Breast	10
Mr Wael Ismail	Children and Young People's Service	12
Mr Wael Ismail	General surgery	20
Mr Fortune Iwuagwu	Plastic surgery	24



**J**

Mr Sabu Jacob	General surgery	19
Mr Anurag Jain	Children and Young People's Service	12
Mr Anurag Jain	ENT	16
Dr Neeraj Jain	Children and Young People's Service	12
Mr Parag K Jaiswal	Orthopaedic	22
Dr Ajith James	Nephrology	21
Dr Namita Jasani	Children and Young People's Service	12
Dr Namita Jasani	Dermatology	15
Mr Samuel Jayaraj	Children and Young People's Service	12
Mr Samuel Jayaraj	ENT	16
Dr John Jestico	Neurology	21
Mr Kiran Jumani	Children and Young People's Service	12
Mr Kiran Jumani	ENT	16

**K**

Dr Honer Kadr	Cardiology	10
Ms Sujatha Kalburgi	Gynaecology	20
Mr Anand Kelkar	Urology	26
Dr Christopher Kelsey	Rheumatology	25
Mr Ayman Khaier	Children and Young People's Service	12
Mr Ayman Khaier	Ophthalmology	21
Mr Arif Khan	Orthopaedic	22
Professor Charles Knight	Cardiology	10
Miss Premila Kollipara	Children and Young People's Service	12
Miss Premila Kollipara	Gynaecology	20
Dr Paul Kooner	Gastroenterology	17
Dr Norman Kufakwaro	Pain	24
Mr Shailesh Kulkarni	Urology	26
Mr Shailesh Kulkarni	Children and Young People's Service	12
Mr Gaurav Kumar	Children and Young People's Service	12
Mr Gaurav Kumar	ENT	17

Mr Sunil Kumar	Children and Young People's Service	12
Mr Sunil Kumar	Orthopaedic	23
Dr Tatsiana Kuzmich	Radiology	25
Dr Elizabeth Kyriacos	Dietitian	16

**L**

Mr Mandeep Lamba	Orthopaedic	23
Mr Gerassimos Lascaratos	Ophthalmology	22
Mr Shahbux Lashari	Orthopaedic	23
Mr Brian Levack	Orthopaedic	23

**M**

Ms Gemma Macqueen	Audiology	10
Mr Michael Machesney	General surgery	19
Mr Michael Magro	Gynaecology	20
Mr Kingsley Mahendra	Gynaecology	20
Dr Fathima Mahomed	Children and Young People's Service	12
Mr Kesava Mannur	General surgery	19
Mr Junaid Masood	Urology	26
Mr Mohammad Masood	Gynaecology	20
Mr Sean William Masterson	Orthopaedic	23
Mr Philip Mathew	Orthopaedic	23
Dr John Mcauley	Neurology	21
Dr Bryan McDonald	Children and Young People's Service	12
Dr Bryan McDonald	Dermatology	15
Dr Vivek Mehta	Pain	24
Dr Kinjal Mehta	Audiology	10
Ms Deborah Michaels	Children and Young People's Service	12
Ms Deborah Michaels	Speech therapy	26
Mr Devesh Misra	Children and Young People's Service	12
Mr Ahmed Hassan Mostafa Elowaidy	Radiology	25
Dr Nizar Muhammed	Children and Young People's Service	12
Dr Nizar Muhammed	Neurophysiology	21
Mr Dip Mukherjee	General surgery	19

## N

Dr Harish Nagraj	Radiology	25
Dr Zoltan Nagy	Radiology	25
Miss Roopa Ravindranathan Nair	Gynaecology	20
Mr Madhusudhan Nannaparaju	Orthopaedic	23
Dr Khashaiar Nikookam	Endocrinology	17
Mr Akobundu Nnochiri	Gynaecology	20

## O

Mr Funmilayo Odejinmi	Gynaecology	20
Dr Edward Offiah	Radiology	25
Mr Arikoge Ogedegbe	Breast	10
Mr Arikoge Ogedegbe	Children and Young People's Service	14
Mr Arikoge Ogedegbe	General surgery	19
Mr Wallace Ogufere	Orthopaedic	23
Mr Akinyede Ojo	Breast	10
Mr Akinyede Ojo	General surgery	19
Mr Benignus Okafor	Children and Young People's Service	14
Mr Benignus Okafor	Orthopaedic	23
Mr Isaac Opemuyi	Gynaecology	20
Mr Anthony Owa	Children and Young People's Service	14
Mr Anthony Owa	ENT	17

## P

Dr David Paige	Children and Young People's Service	14
Dr David Paige	Dermatology	15
Mr Ioulious Palamaras	Children and Young People's Service	14
Mr Ioulious Palamaras	Dermatology	16
Mr Asif Parkar	Children and Young People's Service	14
Mr Asif Parkar	Orthopaedic	23
Mr Dipak Parmar	Ophthalmology	22
Mr Hitesh Patel	General surgery	19
Mr Sandeep Patel	General surgery	19

Dr Sandeep Pathak	Radiology	25
Miss Jhumur Pati	Urology	26
Miss Sudeshna Patra	Ophthalmology	22
Miss Caroline Payne	Plastic surgery	24
Miss Tahmina Pearsall	Ophthalmology	22
Dr Neil Perera	Rheumatology	25
Mr John Peters	Urology	26
Mr Mahesh Kashinath Pimple	Orthopaedic	23
Mr Anthony Pittathankal	Breast	10
Mr Anthony Pittathankal	General surgery	19
Mr Anil Prasanna	Orthopaedic	23
Dr Debasish Pyne	Rheumatology	25

## R

Mrs Manjula Raajkumar	Gynaecology	20
Mr Rajesh Ragoowansi	Plastic surgery	24
Miss Aruna Ramineni	Gynaecology	20
Dr Noreen Rasheed	Radiology	25
Mr Kunal Rathod	Gynaecology	20
Dr Debi Ray	Children and Young People's Service	14
Mr Khalil Razvi	Gynaecology	20
Dr Thaj Rehman	Radiology	25
Dr Fareeha Rizvi	Endocrinology	17
Dr Euthalia Roussou	Rheumatology	25

## S

Dr Syed Saboor	Respiratory medicine	25
Mr Mrinal Saharay	General surgery	19
Dr Anshoo Sahota	Children and Young People's Service	14
Dr Anshoo Sahota	Dermatology	16
Dr Neha Sekhri	Cardiology	10
Miss Alpa Shah	Gynaecology	21
Mr Anish Shah	Children and Young People's Service	14
Mr Anish Shah	Maxillofacial and oral surgery	21
Mr Azhar Shaida	ENT	17
Mr Shivakumar Shankar	Orthopaedic	23

Ms Mona Sharma	Gynaecology	21
Mr Veeranna Shatkar	General surgery	19
Mr Adil Sheraz	Dermatology	16
Dr Cheentan Singh	Children and Young People's Service	14
Mr Jagwant Singh	Children and Young People's Service	14
Mr Jagwant Singh	Orthopaedic	23
Mr Amit Sinha	General surgery	20
Professor CK Sinha	Children and Young People's Service	14
Miss Deepali Sinha	Gynaecology	21
Dr Leena Sinha	Gastroenterology	17
Mr Ziali Sivardeen	Children and Young People's Service	14
Mr Ziali Sivardeen	Orthopaedic	23
Dr Syed Mohammad Afzal Sohaib	Cardiology	10
Mr Manu Sood	Children and Young People's Service	14
Mr Manu Sood	Plastic surgery	24
Dr Rajiv Sood	Children and Young People's Service	14
Mr Kesavan Sri-Ram	Orthopaedic	23
Dr Nemanja Stojanovic	Endocrinology	17
Mr Ian Subak-Sharpe	Ophthalmology	22
Dr Imran Syed	Radiology	25

## T

Dr Anil Taneja	Cardiology	11
Dr Sudeep Tanwar	Gastroenterology	17
Mr Janavikulam Thiruchelvam	Children and Young People's Service	14
Mr Janavikulam Thiruchelvam	Maxillofacial and oral surgery	21
Mr Sheo Tibrewal	Orthopaedic	23
Miss Kate Tomlinson	Dietitian	16
Miss Maria Tsimpida	Children and Young People's Service	14
Miss Maria Tsimpida	Ophthalmology	22

## V

Mr Krishna Vemulapalli	Children and Young People's Service	14
Mr Krishna Vemulapalli	Orthopaedic	23
Mr Shobhit Verma	Children and Young People's Service	14
Mr Shobhit Verma	Orthopaedic	23
Dr Sofia Vizidou	Radiology	25

## W

Mr Max Whittaker	Children and Young People's Service	14
Mr Max Whittaker	ENT	17
Dr Nayanakanthi Kumari Wijayasundara	Radiology	25

## Z

Mr Hadi Zambarakji	Ophthalmology	22
--------------------	---------------	----

## How to get here

### By tube

Redbridge Underground station is walking distance from the hospital.

### By bus

The hopper bus service 366 from Redbridge station stops opposite the hospital.

### Parking

We have 152 car parking spaces, which are complimentary to all patients and visitors.

Just a couple of miles from the M11 and only 20 minutes on the Central line tube from the City of London. London City Airport is a short car journey of 20 minutes and Stansted Airport is just a 30 minute drive.

## Your local private hospital

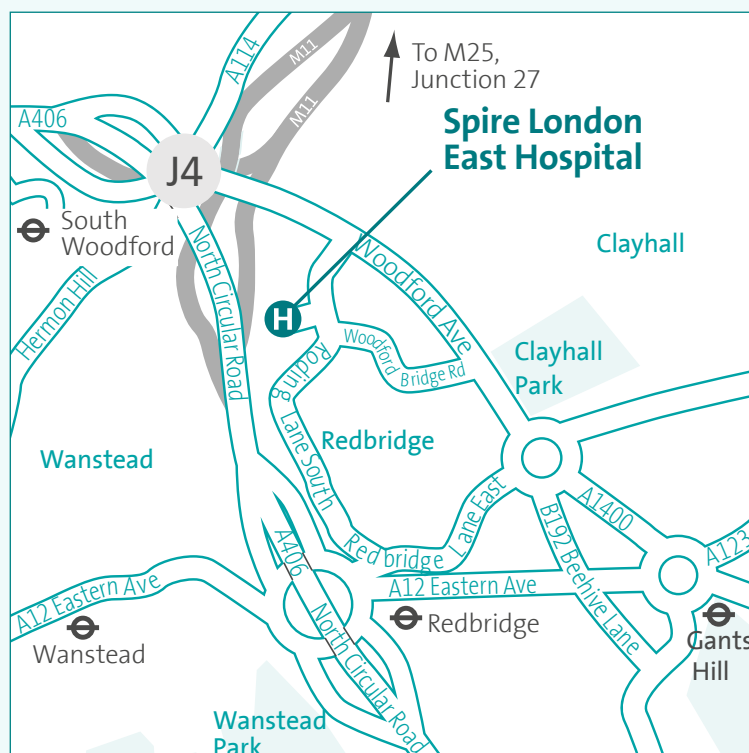
### Spire London East Hospital

Roding Lane South  
Redbridge  
IG4 5PZ



CareQuality  
Commission | Inspected  
and rated

Good



## Contact us today

Search 'Spire London East Hospital'

Call 020 8709 7817