

PUBLICATIONS

2020

- How well are biologics retained in psoriatic arthritis - a real world study (EULAR 2020)
- Impact of tolerability on retention of cDMARDs in psoriatic arthritis - is it a concern? (EULAR 2020)
- Should a combined rheumatology-pulmonology interstitial lung disease service be confined to tertiary centres - a service evaluation (EULAR 2020)
- Optical coherence tomography for hydroxychloroquine eye monitoring - should we worry? (EULAR 2020)
- Teriparatide switch to biosimilar - is it cost effective? (EULAR 2020)
- Do antibodies have differential effect on radiographic progression in RA? (EULAR 2020)
- Switch to biosimilar adalimumab - is it cost effective? (EULAR 2020)
- Can dedicated community health hubs improve physical activity in a multi-ethnic rheumatology practice? (EULAR 2020)
- Can a specialist nurse replace a consultant - an innovative model for osteoporosis care (EULAR 2020)
- Which antibody is more important for radiographic erosions in RA? (BSR 2020)
- How well are conventional DMARDs tolerated in psoriatic arthritis - a real world study (BSR 2020)
- Can we manage osteoporosis without patients ever seeing a consultant? (BSR 2020)
- Teriparatide use in real world - can we expect cost savings with a switch to generic version? (BSR 2020)
- Biologic retention in psoriatic arthritis - a real world study (BSR 2020)
- Switching to biosimilar adalimumab: a real world study (BSR 2020)

2019

- Nisar MK. Early arthritis clinic is cost effective, improves outcomes and reduces biologic use Clin Rheumatol. 2019 Mar 19. doi: 10.1007/s10067-019-04515-3. [Epub ahead of print]
- Nisar MK. Early arthritis clinic is effective for rheumatoid and psoriatic arthritides Rheumatol Int. 2019 Apr;39(4):657-662
- Etanercept biosimilar switch: can it be successful without clinic review? (EULAR 2019)
- Osteoporosis in primary care – are we missing a trick (EULAR 2019)
- Rituximab biosimilar non-medical switch – does it work? (EULAR 2019)
- Are psoriatic arthritis outcomes better in an early arthritis service? Study from a national award winning centre (EULAR 2019)
- Does biologic retention vary with methotrexate co-prescription dose in established RA? A real world study (BSR 2019)
- Rituximab biosimilar and military tuberculosis: vigilance is the key (BSR 2019)
- Combining secukinumab and fingolimod to successfully treat

ankylosing spondylitis and multiple sclerosis: a novel approach (BSR 2019)

- Secukinumab and solid organ cancer: are they mutually exclusive? (BSR 2019)
- Does the quality & outcomes framework (QOF) indicator for osteoporosis work? A primary care study (BSR 2019)
- Do dedicated early arthritis clinics improve psoriatic arthritis outcomes? A real world study (BSR 2019)
- Switching to biosimilar rituximab: a real world study (BSR 2019)
- Nisar MK. Early arthritis service is cost-effective, improves outcomes and reduces biologic use Clin Med March 2019 19:78; doi:10.7861/clinmedicine.19-2-s78

2018

- Begum J, Nisar MK. Rheumatology nurse specialists and corticosteroids prescription-Is it safe? Int J Nurs Stud. 2018 Mar;79:84-85.
- DMARD monitoring guidelines and shared prescribing in primary care – is more education required? (EULAR 2018)
- Rheumatology nurse specialists and corticosteroid prescribing – does it conform to EULAR guidelines? (EULAR 2018)
- Can community pharmacy services be the missing link in achieving early diagnosis of psoriatic arthritis? (EULAR 2018)
- Is dose banding of infliximab cost effective – results from real world implementation (EULAR 2018)
- Early arthritis service is cost effective, improves outcomes and reduces biologic use (EULAR 2018)
- ACTH reborn – modernising the evidence (BSR 2018)
- Early Arthritis Service is Cost Effective, Improves Outcomes and Reduces Biologic Use (BSR 2018)
- Combining Secukinumab and Apremilast to Successfully Treat Refractory Psoriatic Skin and Joint Disease: A Novel Approach (BSR 2018)
- Can Community Pharmacy Services be the Missing Link in Achieving Early Diagnosis of Psoriatic Arthritis? (BSR 2018)
- Is the Dose Banding of Infliximab Cost Effective? A Real World Analysis (BSR 2018)
- Do Dedicated Early Arthritis Clinics Improve Patient Outcomes? A Real World Study (BSR 2018)
- Switching to biosimilar Rituximab – a real world study (BSR 2018)
- Mycophenolate Mofetil – Treating an Elusive Multi System Disease (BSR 2018)
- Rheumatology nurse specialists and corticosteroid prescription – is it safe? (BSR 2018)
- BSR DMARD Guidelines and Shared Prescribing in Primary Care: Is it reliable? (BSR 2018)

2017

- Begum J, Nisar MK. Training rheumatology nurse specialists: Are we doing the job right? Eur J Rheumatol. 2017 Sep;4(3):234-235.
- Nisar MK, Packianathan C. Chikungunya and bilateral sacroiliitis-is there a link?. Eur J Rheumatol. 2017 Mar;4(1):81-82.
- Begum J, Nisar MK. Rheumatology nurse specialists and DMARD education - Is it fit for purpose? Int J Nurs Stud. 2017 Apr;69:98-99.
- Do junior doctors prescribe DMARDs safely? (EULAR 2017)
- Rheumatology nurse specialists and DMARD prescription – where are we now? (EULAR 2017)
- Training Rheumatology nurse specialists – what does the future hold? (EULAR 2017)
- Headache – not always fibromyalgia (BSR 2017)
- Chikungunya and spondyloarthritis – is there an association (BSR 2017)
- Training rheumatology nurse specialists – where are we now? (BSR 2017)
- Rheumatology nurse specialists and DMARD education – is it fit for purpose? (BSR 2017)
- Adherence to subcutaneous biologic therapies – does it vary with ethnicity? (BSR 2017)
- DMARD prescription and junior doctors – is it safe? (BSR 2017)
- Nisar MK. Modern management of gout-crystallising the evidence [AGM 2017]
- Rheumatology wins national award Sep 2017 (L&D Community/GP newsletter)
- Recognition of Rheumatology department in the national audit Mar 2017 (L&D Community/GP newsletter)
- Rheumatology specialist nurse goes international (L&D Community/GP newsletter)
- Rheumatology department tops national audit Feb 2017 (Ambassador magazine L&D)
- Recognition of Rheumatology department in the national audit Jan 2017 (L&D Community/GP newsletter)

2016

- Musculoskeletal examination in patients presenting with falls and junior doctors training: still a concern (World Congress on Osteoarthritis, Osteoporosis and musculoskeletal conditions 2016)
- Rheumatology department transforming Mar 2016 (L&D Community/GP newsletter)
- Impact of psoriasis – deeper than you think Jun 2016 (L&D Community/GP newsletter- with Dr T Baqai as lead author)
- Rheumatology service expansion Aug 2016 (L&D Community/GP newsletter)
- Boost for Rheumatology Service at the L&D Aug 2016 (Ambassador magazine L&D)
- Recognition of Rheumatology department in National Early Arthritis audit Nov 2016 (British Society of Rheumatology website)

2015

- Nisar MK, Rafiq A, Östör AJK. Biologic therapy for inflammatory arthritis and latent tuberculosis: real world experience from a high prevalence area in the UK. *Clin Rheumatol*. 2015;34:2141-5
- Nisar MK. Cupping (Hijama) treatment: Benign or sinister? *J Patient Saf* 2015 Mar 16
- Nisar MK, Rafiq A, Östör AJK. Tuberculosis and Biologics: Real World experience from High tuberculosis prevalence area in the UK. *Ann Rheum Dis* 2015;74(Suppl2): 788
- Nisar MK, Rafiq A, Östör AJK. Tuberculosis and Biologics: Real World experience from High tuberculosis prevalence area. *Rheumatology* 2015;51(suppl1):i91 [BSR 2015]

2014

- Oomatia A, Ramabhadran B, Fishman D, Nisar MK. Musculoskeletal examination and junior doctors: still cause for concern? *Rheumatology* 2014;53(suppl1):i156 [BSR 2014]

2013

- Nisar MK, Östör AJK. Pulmonary Complications of Biological Therapies in Children with Rheumatic Diseases. *Paediatr Respir Rev*. 2013 Dec;14(4):236-41
- Nisar MK, Östör AJK. TNF antagonists and Shingles: Is Vaccination Advisable? *Ann Rheum Dis*. 2013 May;72(5):e1
- Nisar MK, Masood F, Cookson P, Sansome A, Östör AJK. What do we know about juvenile idiopathic arthritis and vitamin D? A systematic literature review and meta-analysis of current evidence. *Clin Rheumatol*. 2013 Jun;32(6):729-34
- Brode S, Nisar MK, Östör AJK. Same day or historical ESR for disease activity score measurement, does it matter? *Clinical Rheumatol*. 2013 Feb;32(2):261-5
- Nisar MK. Choosing appropriate biologic therapy [BSR 2013]
- Nisar MK, Kuttikat AV, Ramabhadran B, Fishman D. Lemmierre's Syndrome- a rare cause of septic polyarthritis. *Rheumatol Int*. 2013 Mar;33(3):817-8
- Nisar MK et al. Is there a link between Vitamin D and juvenile idiopathic arthritis? *Ann Rheum Dis* [EULAR 2013]
- Nisar MK et al. What do we know about juvenile idiopathic arthritis and vitamin D? A systematic literature review and meta-analysis of current evidence. *Ann Rheum Dis* [EULAR 2013]
- Hall FC, Malaviya AP, Nisar MK et al. A comparison of near-infrared spectroscopy and laser doppler flowmetry as tools for assessing severity of hand ischaemia in systemic sclerosis. *Rheumatology* 2013;52(suppl1):i157

2012

- Nisar MK, Östör AJK. The role of tocilizumab monotherapy in the treatment of rheumatoid arthritis. *Int J Clinical Rheumatol*. 2012 Feb;7(1):9-19

- Nisar MK, Östör AJK. Comment on: Non-infectious pulmonary toxicity of rituximab: a systematic review: reply. *Rheumatology*. 2012 Sep 6 [doi:10.1093/rheumatology/kes205]
- Zhang N, Wilkinson S, Riaz M, Östör AJK, Nisar MK. Does methotrexate increase the risk of varicella or herpes zoster infection in patients with rheumatoid arthritis? a systematic literature review. *Clin Exp Rheumatol*. 2012 Nov-Dec;30(6):962-71
- Kim S, Östör AJK, Nisar MK. Interleukin-6 and cytochrome-P450, reason for concern? *Rheumatol Int*. 2012 Sep;32(9):2601-4
- Nisar MK, El-Essawy B, Kuttikat AV, Ramabhadran B, Fishman D. Musculoskeletal examination and junior doctors- cause for concern? *Int J Rheum Dis*. 2012 Jun;15(3):e43-4
- Hadjinicolaou AV, Nisar MK, Parfrey H, Chilvers ER, Östör AJK. Non-infectious pulmonary toxicity of Rituximab: a systematic review. *Rheumatology*. 2012 Apr;51(4):653-62
- Zhang N, Wilkinson S, Riaz M, Östör AJK, Nisar MK. Does methotrexate increase the risk of varicella or herpes zoster infection in patients with rheumatoid arthritis? a systematic literature review. *Rheumatology* 2012;51(suppl3):iii114 [BSR 2012]
- Malaviya AP, Hadjinicolaou AV, Nisar MK *et al*. The hand ischaemia score: a novel hand ischaemia outcome measure in systemic sclerosis. *Rheumatology* 2012;51(suppl3):iii83 [BSR 2012] 3rd prize at Deanery's poster exhibition
- Hadjinicolaou AV, Malaviya AP, Nisar MK *et al*. Regional oxygen saturation as a novel outcome measure in systemic sclerosis-associated hand ischaemia. *Rheumatology* 2012;51(suppl3):iii83 [BSR 2012]

2011

- Hadjinicolaou AV, Nisar MK, Bhagat S, Parfrey H, Chilvers ER, Östör AJK. Non-infectious pulmonary complications of newer biological agents for rheumatic diseases- a systematic literature review. *Rheumatology*. 2011 Dec;50(12):2297-305 & *Rheumatology Middle East Vol 4 Issue 1*
- Nisar MK, Östör AJK. The role of Tumour Necrosis Factor- α in the treatment of rheumatoid arthritis- a review. *European Musculoskeletal rev*. 2011;6(3):174–8
- Nisar MK, Mya T. Spontaneous coronary artery dissection (SCAD) in the context of positive anticardiolipin antibodies and clinically undiagnosed systemic lupus erythematosus (SLE). *Lupus* 2011 Nov;20(13):1436-8
- Nisar MK, Baburaj K. A challenging case of gout and failure of anti-TNF therapy: are current treatments adequate? *Int J Rheum Dis*. 2011 Aug;14(3):e42-3
- Gout T, Östör AJK, Nisar MK. Lower gastro-intestinal perforation in rheumatoid arthritis patients treated with conventional DMARDs or tocilizumab: a systematic literature review. *Clin Rheumatol*. 2011 Nov;30(11):1471-4

- Brode S, Nisar MK, Östör AJK. Same day or historical ESR for disease activity score-28 measurement, does it matter? *Ann Rheum Dis* 2011;70(suppl3):587
- Brode S, Nisar MK, Östör AJK. Do we need same day ESR for DAS-28 measurement? *Rheumatology* 2011;50(suppl3):iii93-iii104 [BSR 2011]
- Nisar MK, Kuttikat AV, Ramabhadran B. An audit of musculoskeletal (MSK) examination in medical patients presenting with falls and a survey of junior doctors' locomotor examination skills. *Ann Rheum Dis* 2011;70(suppl3):112
- Gout T, Nisar MK, Östör AJK. A systematic literature review of lower gastro-intestinal perforation in rheumatoid arthritis patients treated with conventional DMARDs or tocilizumab. *Ann Rheum Dis* 2011;70(suppl3):722
- Hadjinicolaou AV, Nisar MK, Östör AJK. Non-infectious pulmonary toxicity of rituximab- a systematic literature review. *Ann Rheum Dis* 2011;70(suppl3):722
- Nisar MK, Kuttikat AV, Ramabhadran B. An audit of musculoskeletal (MSK) examination in medical patients presenting with falls and a survey of junior doctors' locomotor examination skills. [EULAR 2011]

2010

- Nisar MK, Östör AJK. Disease remission the goal of therapy in rheumatoid arthritis. *Practitioner*.2010;254:17-21
- Nisar MK, Östör AJK. Educational and psychological issues around osteoarthritis.2010. *Doctors.net.uk* module
- Ramabhadran B, Fishman D, Nisar MK, Kuttikat AV. Lemmiere's Syndrome- a rare cause of septic polyarthritis. *Ann Rheum Dis* 2010;69(suppl3):706